

00.01.1900

| Day | Monday | Trainer |
|-------|---|----------------|
| Date | 12.04.2022 | |
| 09:30 | Opening 30min | David, Lars |
| 10:00 | TUI BLUE Concept Intro | David |
| 10:30 | Schedulling 60 Mins | David |
| 11:30 | BREAK | |
| 12:00 | Aqua Fit Theory 60min | David |
| 12:30 | Fitness Elements Theory 60min | David |
| 13:30 | BREAK | |
| 14:30 | Basics, Didactics, Methods 30min | David |
| 15:00 | Special Requirements 60min | David |
| 16:00 | BREAK | |
| 16:30 | WOW Music 30min | David |
| 17:00 | BLUEfit Standards & Job Roles 30 Min | David |
| 17:30 | Q & A Session & Buffer | David, Lars |
| 18:00 | Finish | Finish |