

CET	Topic	Trainer
09:30	Opening - 30min	David & Lars
10:00	BLUEfit Standards & Job Roles - 30 Min	David
10:30	TUI BLUE Concept Intro – 60 Min	Ryan
11:30	Break	
12:00	Aqua Fit Theory - 60min	Lars
13:00	Basic Nutrition - 60min	Lars
14:00	Break	
14:30	Basics, Didactics, Methods - 30min	David
15:00	Special Requirements - 60min	Lars
16:00	Break	
16:30	WOW Music - 30min	David
17:00	Nordic Walk / Walking & Jogging 30min	David
17:30	Q & A Session & Buffer	David & Lars
18:00	Finish	

07.03.2022